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Anatomy and Injuries of the Foot and Ankle

By Anatomical Chart Company
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foot and ankle anatomy muscles tendons and ligaments a network of muscles tendons and ligaments supports the bones and joints in the foot **epub** human anatomy joints and muscles the foot is a very complex body part with 26 bones and so many more joints and even more ligaments **pdf** introduction impingement of the flexor hallucis longus with resultant tendonitis and even rupture can occur at the level of the posterior ankle joint sprained ankle plantar fasciitis and a broken metatarsal are common sports injuries that affect the ankle and foot sprained ankle symptoms include ankle pain ankle

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the bones of the ankle and foot form the most distal region of the lower limb in the appendicular skeleton these bones are responsible for the propulsion balance **textbooks** information diagrams and illustrations of the foot and ankle anatomy including the tendons and ligaments of the foot and ankle **pdf download** selected topics in the foot and ankle section were developed in partnership with the american orthopaedic foot and ankle society find out everything you need to know about foot and ankle anatomy looking at the foot bones muscles and ligaments how they fit together and what can go wrong

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there are many types types of foot injuries you can sustain explore in depth info about common foot injuries including causes symptoms and treatment welcome the podiatry professionals at town center foot and ankle are pleased to serve northern oakland county clarkston waterford holly lake orion oxford **review** muscles most of the motion of the ankle is caused by the stronger muscles in the lower leg whose tendons pass by the ankle and connect in the foot most minor foot and ankle injuries will heal on their own and home treatment is usually all that is needed to relieve your symptoms and promote healing

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