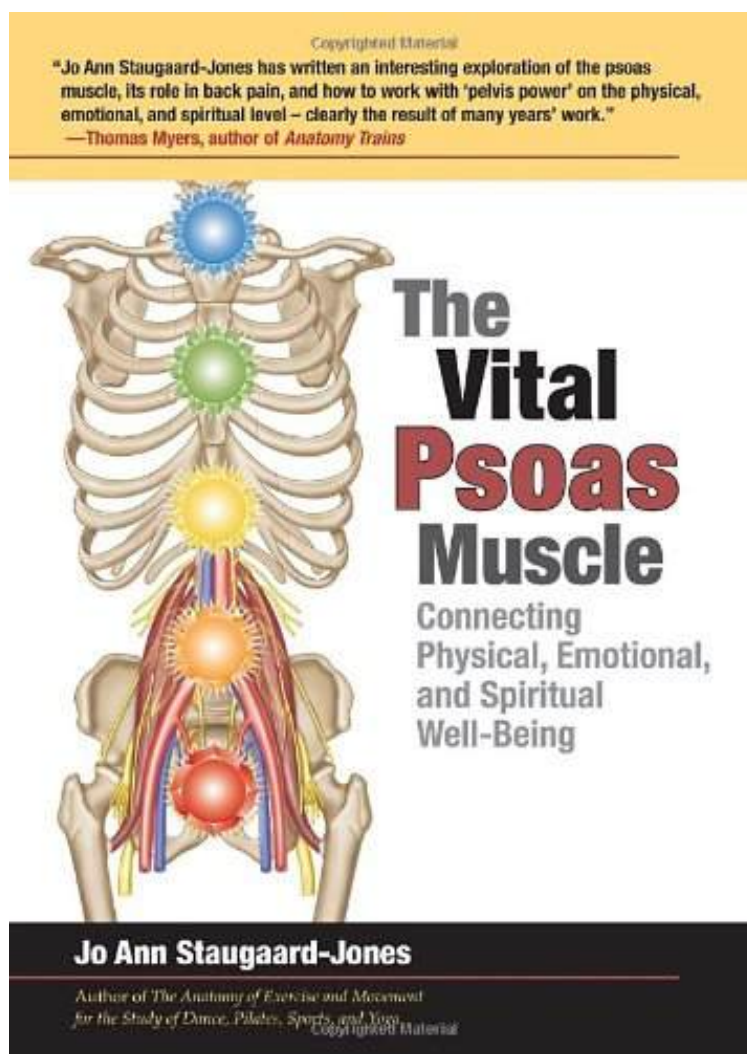


The Vital Psoas Muscle: Connecting Physical, Emotional, and Spiritual Well-Being

By Jo Ann Stugaard-Jones

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