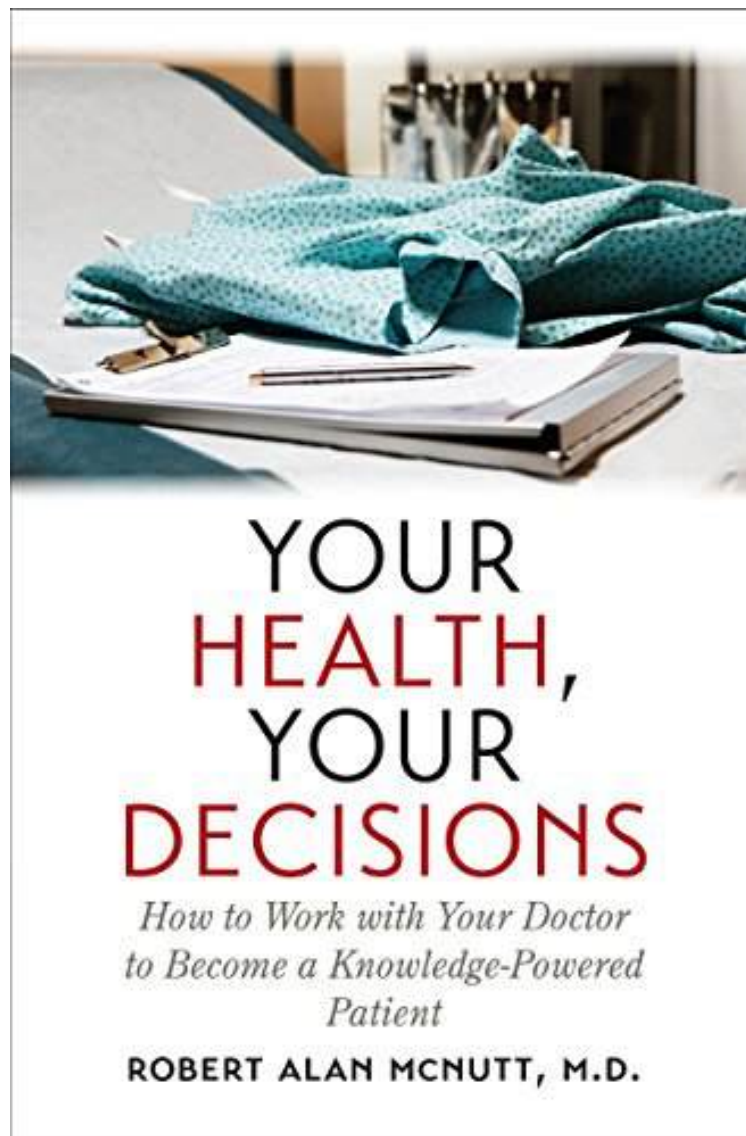


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4 of 4 review helpful Kudos to Dr McNutt By Charles Rosanna Bottinelli Having survived a massive heart attack seventeen years ago and now facing surgery to implant a pacemaker defibrillator I feel the anxiety worry and uncertainty experienced by all of the patients highlighted in Dr McNutt s extremely well written book Your Health Your Decisions Even though the Implantable Cardioverter Defibrillator ICD is a sa In nearly every medical decision making encounter the physician is at the center of the discussion with the patient the recipient of the physician s decisions Dr Robert Alan McNutt starts from a very different premise the patient should be at the center McNutt challenges the physician directed medical expertise model of making decisions presenting a practical approach augmented by formal exercises designed to give patients the tools and confidence to compare and

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